People & Animals

Promoting Animal-Assisted therapies for mutual well-being

## Welcome to our Autumn 2024 Newsletter

As we start our autumn term and harvest time, the weather has turned a bit cooler and wetter after a wonderful summer at the farm. We welcome some new faces - children, young people, new volunteers and all our staff, all are eager to get cracking. Autumn Term dates are:-

- Wednesday 4th September Thursday 24th October 2024.
- Half-term holiday: Friday 25th October Friday 1st November 2024.
- Monday 4th November Friday 13th December 2024.

Thanks to everyone for all your help and support and as always, we welcome your feedback and ideas. Katie and the P&A team

People News Community Summer Round Up

Visits from Age UK, Wisbech Art Club, Youths of Fenland CIC, Fen Hands, Rosmini Wisbech and other families. Thanks to Social Farms & Gardens and Clarion Housing for funding our summer activities and sessions for young people. The Mayor of Wisbech kindly donated horse hair for the wattle and daub walls of our heritage barn building.



Did you know- Day opportunities exist for 19+ adults at Wisbech Community Farm? Contact us for details.



We have been successful in gaining a £261k extension of our National Lottery Funding which will enable us to continue our community learning programme.

New Building News

We have made a good start this summer, with the new building foundations going down, thanks to our main contractor Princebuild. Anglian Water @oneAlliance are supporting the project and Travis Perkins and Clarion Housing have joined forces to donate £30,000 plus a further £32,415 for larch cladding and a sedum roof!

New Team Member - Joe has just joined the team as programme lead. He loves being outdoors, loves animals but most of all loves anything sporty, especially football and manages his sons under 18's team. He has worked with children in a residential setting, aswell as for the Starfish team, which is an award winning service, supporting children with a learning disability, under CAMHS. Joe is passionate about supporting people with neurodiversity and advocates for those that require more than can be provided in a mainstream setting.

Research Matters - Prof Andy Jones has released the findings from the evaluation of a 2 year programme of work, funded by National Lottery Community Fund and delivered by P&A. The evaluation findings show the impact of the programme on participants mental health. well-being and social connectedness.





Did you know-People and Animals have just relaunched their new website? Thank you so much to BuildaBrand for helping us.



## Please contact us if you would like to see the report.

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Thanks to all our Sponsors, Partners and Friends

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## Animal Update

Animal Welfare - P&A have had an article published, as one of the leading organisations working with farm animals in a therapeutic way -sharing our thoughts about it with practitioners across the globe. <u>https://www.cabidigitallibrary.org/doi/10.1079/hai.20</u> 24.0032

All the animals have been enjoying the sunshine throughout the summer months. One of our adult sessions included dog agility, delivered by Lesley Bristow and amazinly demonstrated by her handsome collie, Bond.



The ponies and donkeys have had their teeth and vaccinations done in the summer. There were a couple of cheeky monkeys but everybody now has sparkly teeth!

Our newest chickens, Hedwig and Albus, have grown up into lovely hens and are laying lots of yummy eggs.







## Forthcoming Dates



<u>Volunteer Days(Barhale/MWH)</u> September 13th and 20th 10-2pm

Horticulture City & Guilds Level 2 Course September 11th 10.30-2.30pm

Lyncroft Care Home Visit September 16th 1pm

<u>Wisbech Autumn Festival</u> Friday 20th September 10-12pm

<u>Starting November 6th 2024</u> Creative Course 12 weeks on Weds 1-2.30pm Construction Course 16 weeks on Weds 10-2pm

<u>Outreach at Oasis Centre</u> Nostalgic noard games, free, Mondays starting November (contact us for further details)

> <u>Xmas Fair</u> December 8th 10-4pm (Our stall will be in the Library)

> > Woodworking Workshop Every Friday 10-12pm

Weekly Community Craft Sessions Free every Weds 1-2.30pm Come for cuppas and cake, stay for the crafts and laughs!

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